

THE NEFF KITCHEN



For lovers of food and NEFF appliances.



Kumquat-fig tiramisu with pain d'épices

Serves: 4

Cooking time: 20 minutes

Prep time: 20 minutes

Chilling/ Freezing Time: 2 hours

Ingredients

75 g sugar
 250 ml orange juice, freshly squeezed
 (about 3 oranges)
 1 cinnamon stick
 2 cloves, whole
 100 g kumquats
 4 ripe figs
 3 fresh, medium organic eggs
 375 g mascarpone
 150 g cream
 A pinch of freshly ground green pepper
 2 packets Bourbon vanilla sugar
 Salt
 About 130 g pain d'épices (gingerbread or
 honey cake)
 2 tbsp hazelnuts

We use Australian tablespoons and cups: 1
 teaspoon equals 5 ml; 1 tablespoon equals 20
 ml; 1 cup equals 250 ml. All herbs are fresh
 (unless specified) and cups are lightly packed.
 All vegetables are medium size and peeled,
 unless specified. All eggs are 55–60 g, unless
 specified.

Method

In a saucepan, heat the sugar until it starts to caramelize. Add the orange juice. Break the cinnamon stick in half and add cinnamon and cloves to pan. Simmer uncovered for 5 minutes.

Rinse the kumquats and figs. Slice the kumquats thinly, removing any seeds. Cut the figs into eighths and add to the pan. Bring to a boil. Shut off the heat, cover the pan and let cool.

Place the mascarpone in a bowl. Separate the eggs. Add the yolks and cream to the mascarpone. Season with a few pinches of green pepper and mix together.

Combine the egg whites, vanilla sugar and a pinch of salt and beat until stiff in a separate bowl. Fold the egg whites into the mascarpone mixture.

Remove the cinnamon stick and cloves from the liquid.

Cut the pain d'épices into small cubes and make a layer in the bottom of each glass. Drizzle with the orange sauce. Top with the kumquats and figs and spoon on the mascarpone cream. Repeat this procedure until all the glasses are nearly full. Refrigerate for at least 2 hours.

In a pan, toast the hazelnuts. Then wrap them in a kitchen towel, rub them slightly to remove some of the skin, chop coarsely and sprinkle onto the Tiramisu. Season with a little freshly ground green pepper and serve.

Notes

Pain d'epice is French spiced bread, a bit like a gingerbread or

honey cake. It can be purchased from gourmet delicatessens, your local supermarket or made from scratch at home. Bourbon Vanilla Sugar can be substituted by mixing a little sugar, a drop of vanilla extract and a splash of bourbon - to your liking.

If you don't have serving glasses try using a normal water glass or see-through coffee cup to achieve the same look.