



Back to School Lunch Ideas

School holidays coming to an end and stuck for back to school lunch ideas? Don't fret! With our delicious lunchbox meal ideas, your kids' lunchbox will be inducing playground envy in no time.

Better yet, our nutritious kid friendly recipes aren't only delicious – they're a cinch to make. From globe-trotting sushi to cheesy bacon and spinach quiche or moreish prosciutto and mozzarella pizza, our simple lunchbox meal ideas are perfect for busy weekdays.

Keen to get organised? The scrumptious cheddar quiche can be made in advance and frozen, while the 4 easy snack ideas – including our slam-dunk muesli bar bites – are crying out for a productive Sunday meal prep session.

Life goals – tick.

Sushi Rolls

Nourishing, tasty and supremely portable, sushi is the ultimate lunchbox food. Simply cook sushi rice on [FullSteam](#) for 20 minutes, mix with sushi seasoning and get wrapping. Tailor your fillings to what's leftover in the fridge (we love mayo-tuna and smoked salmon with avocado). Getting the kids involved in the sushi-making process makes for a fun and educational experience.

Read the full [Sushi Rolls recipe](#).



Rice Paper Rolls

Bursting with freshness and flavour, rice paper rolls are the perfect kid friendly lunch on a sweltering summer's day. Our version combines moist hoisin-coated chicken with aromatic fresh herbs and a tangy peanut dipping sauce for a refreshing take on this crowd-pleasing favourite. Don't forget to pack some wet wipes for sticky fingers.

Read the full [Rice Paper Roll recipe](#).



Bacon and Spinach Quiche

Packed with cheesy and bacon-y goodness, this winning quiche recipe will elevate your kids' lunchbox in a jiffy. Our simple pastry recipe doesn't require blind baking – cutting down on cooking time – while the creamy spinach-stuffed filling is delicious served cold. It really is a win-win.

Read the full [Bacon and Spinach Quiche recipe](#).



Prosciutto and Mozzarella Pizza

Your kids will be the envy of their friends with this mouth-watering pizza for lunch. Baking the dough using the NEFF [CircoTherm](#) Intensive function ensures a golden crust. And what could be yummiier than a topping of prosciutto, olives, basil and two types of oozy mozzarella? This pizza is great for leftovers, so make a double recipe and spread the love.

Read the full [Prosciutto and Mozzarella Pizza recipe](#).



4 Easy Snack Recipes

Say goodbye to rumbling tummies with these 4 dead-easy snack recipes. Both satisfying and densely nutritious, these kid friendly foods will become household staples in no time. From cranberry-studded trail mix to chocolatey nut-packed bliss balls and tasty muesli bar bites, these wholesome lunchbox ideas will keep your kids fuller for longer. Dig in!

Read the full [4 Easy Snacks recipe](#).

