



7 Recipes to Make This Autumn

Don't you just love autumn? The crisp sunny days, the nourishing root vegetables, the promise of comfort foods just a fire's flicker away...

At NEFF, we're major autumn fans. In what other season can you spend cool evenings enjoying a meal out on the deck, before entertaining indoors becomes a mid-July necessity? As many passionate home chefs will agree, autumn is a season for foodies. And for those who need convincing, these tantalising 7 recipes to make this Autumn will convert you quick-smart.

Eggplant in coconut mustard curry

Grounding eggplant is the hero of this satisfying curry, a vego dish your meat-eating friends and family will adore. Just remember to set aside an hour for the salt and turmeric-rubbed eggplant to shed excess moisture, then gently fry the potato and eggplant pieces separately in batches. The curry itself combines the fragrance of cumin, mustard and fennel seeds with the kick of ginger and chilli, while a tin of creamy coconut milk rounds out the flavours.

Read the full [eggplant curry recipe](#).



Roast Pumpkin Risotto

This easy to prepare risotto includes extra bursts of flavour with the addition of honey and thyme to the roasted pumpkin. Making your risotto in your FullSteam oven requires no stirring during the cooking time – leaving you more time to enjoy that glass of wine with your loved ones. For home chefs looking to wow a crowd, this vegetarian autumn recipe is a

sure-fire slam dunk.

Read the full [roast pumpkin risotto recipe](#).



Tray-baked chicken with halloumi

Halloumi – it really does make everything better. Case in point? This deliciously easy tray-baked chicken dish. Simply toss the skin-on chicken breasts with Spanish onion wedges, sliced chat potatoes, garlic and dried oregano, douse the lot in lemon juice, then bake using the NEFF CircoRoasting function for 30 minutes. The result? A seasonal autumn recipe the whole family will adore.

Read the full [chicken with halloumi recipe](#).



Roasted eggplant with whipped goats cheese and tomato sugo

The earthiness of roasted eggplant marries beautifully with the goat cheese and tomato sugo in this winning autumn recipe. Halved eggplants are roasted with garlic, thyme and honey until meltingly soft, then topped with whipped goat cheese and a cumin-spiked tomato sauce. A winning side for hearty meat dishes, this recipe works brilliantly as the main event – just add a loaf of warmed sourdough fresh from the oven.

Read the full [roasted eggplant recipe](#).



Beetroot and sweet potato fritters

Remember good ol' meat and onion fritters? This autumn recipe transforms the dated classic, substituting the meat for an abundance of grated beetroot and sweet potato – delish! The addition of green shallots and parsley lend zingy freshness, while finely-chopped walnuts add texture. And with a cooking time of just 10 minutes, these scrummy fritters are perfect for busy weeknights. Just don't forget the dill yoghurt dressing, best served in an earthenware bowl.

Read the full [beetroot fritters recipe](#).



Autumn roast vegetable salad

Brown rice and quinoa are the filling counterpoints to this tasty roast vegetable salad. A medley of seasonal autumn veg – carrot, beetroot and pumpkin in this case – are roasted to perfection using the NEFF CircoRoast and [Microwave](#) Combination functions, then tossed with the rice, quinoa and fresh coriander leaves to combine. The final flourish? Two teaspoons of sesame oil, ensuring this seasonal salad is more than just the sum of its parts.

Read the full [roast vegetable salad recipe](#).



Caramel ice cream sandwiches with peanut popcorn biscuits

Sure, you could serve a cake at your autumn feast. But why not treat your guests to these moreish ice cream sandwiches? Let's face it, ice-cream will be rare once the colder weather sets in.

Buttery peanut biscuits form the delicious crust, while the rich ice cream uses a tin of sweetened condensed milk caramelised on [FullSteam](#) for 2 hours as the base. Roll the assembled ice cream sandwiches in crushed popcorn and watch guests go weak at the knees.

Read the full [ice cream sandwich recipe](#)



We hope to give you all those festive vibes this time of year, so make sure you try these 7 recipes for Autumn now!

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