



Sometimes the best way to tackle a recipe is with clean hands and a little bit of elbow grease.

5 recipes to embrace cooking with your hands

Modern kitchens are overflowing with utensils. There are drawers full of spatulas and benchtops that are cluttered with spaghetti servers. While these tools are essential for a home chef, it's easy to go overboard and forget the basics of cooking with your hands.

From pizza dough to homemade bread, here are some recipes that will motivate you to put down your utensils and embrace cooking with your hands.

Homemade bread

Nothing beats eating a warm slice of bread when you have baked it yourself. Putting the dough on a workbench and kneading it with your bare hands will knock the air out and ensure you get a [crusty homemade bread](#) the whole family will love. Your arms will also get a workout which means you can skip your gym session for the day.

Homemade pizza

While it's tempting to order in from your local pizza shop, making your own pizza dough is surprisingly fun, quick and easy to do. All you need is yeast, salt and flour to get a crispy base that you can cover with your favourite toppings. You can also get adventurous with your pizza dough by converting it into a [bite sized pide](#) that is easy to share with your family and friends.

Gnocchi recipe

This is a dish that Italian grandmothers have been perfecting for years. There is nothing more authentic than combining flour and potato, then working it on a chopping board until it takes the form of a soft dough. Throw your [gnocchi](#) straight into a delicious pot of pasta sauce and it will be ready for family dinner on Sunday night.

Cheesy Pull Apart Bread

With summer on the horizon, people are bound to start popping in unexpectedly. Make sure you're always prepared with this freshly baked [pull apart bread](#) full of herbs, garlic and cheese. It doesn't only taste amazing but it will have the whole house smelling divine. It requires a little bit of creativity so I hope your plaiting skills are up to scratch.

Nutella and Coffee Scrolls

Are you a sucker for a sweet treat? With an amazing combination of flavours, this [Nutella and Coffee scroll](#) is sure to hit the spot. While it may look like a challenge, the dessert is surprisingly easy to make and dish up at your next high tea. Team them up with a freshly brewed cup of coffee for the ultimate afternoon pick me up.