



Feel great with these 3 cheesy comfort food ideas

Food has the incredible power to not only satisfy our appetites, but also satisfy our souls. It may sound cheesy, but often a bad day just calls for an early night in with a good old pizza and a slab of chocolate.

Seeing as it's Cheese Month here in the Neff kitchen, we've chosen 3 of our childhood favourites – think warm, creamy, and sure to put a smile on your face in no time.

1. Mac and Cheese

This creamy, warm pasta bake is a staple part of most Australian childhoods. In fact, a hearty spoonful of mac and cheese would transport even the most serious adults back to their comfort zone, oozing with creamy sauce (and the ultimate crunchy bits on top).

While the more traditional recipes, like our [Three Cheese Macaroni Cheese](#), will always remain firm favourites, there's always room to play around. Try replacing the pasta with seasoned cauliflower, or pack in some veggies like capsicum and broccoli to add a little colour to your plate. Alternatively, cook your favourite mac and cheese recipe in a muffin pan and serve it as a side dish or snack.

2. Pizza

When it comes to getting comfort food delivered, pizza is at the top of the list for most people. But why order in when you can make and customise your own in 30 minutes or less?

First, don't think that you need to be held back by traditional pizza bases and ingredients. You can use Turkish bread or focaccias as a base, or make your own using [potato](#) or even cauliflower topped with a generous serving of tomato paste or passata. For toppings, try sliced vegetables such as mushrooms, pumpkin, eggplant or capsicum – and, of course, a good helping of cheese. Once out of the oven, serve with fresh rocket leaves. Delicious and always a crowd pleaser too.

3. Cheesecake

Comfort food is synonymous with cake. But for those without such a sweet tooth, we know a few lighter, healthier alternatives that are just as (if not more) delectable and comforting... That's right, we're talking about cheesecake!

Cheesecakes are surprisingly easy to throw together, and always look spectacular at dinner parties or summer luncheons. Our decadent [Lemon Cheesecake](#) recipe is the perfect balance between rich and fresh. To add

extra fruit or alternative flavours to your sweet treat, you explore our top [5 Cheesecake toppings that will leave your guests wanting more.](#)