



Porridge with Fresh Berries



DIFFICULTY: EASY



PREPARATION TIME: 2
MINUTES



COOKING TIME: 8 MINUTES



SERVES: 1

Ingredients

1/3 cup rolled oats

150ml water

Serving suggestions

Brown sugar or coconut sugar

Milk

Natural yogurt

Maple syrup

Honey

Banana

Berries

Fresh dates

Chopped nuts

Method

Combine the oats and the water in a serving size bowl.

Place the bowl into the large perforated tray and place into the oven on shelf position 2 or 3.

Select FullSteam 100° c and set the cook time to 8 minutes and press start.

Serve with selected toppings.

Notes

A number of bowls can be steamed at the same time without increasing the cooking time.