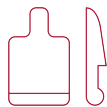




Porridge with Fresh Berries



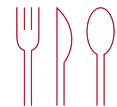
DIFFICULTY: EASY



PREPARATION TIME: 2
MINUTES



COOKING TIME: 8 MINUTES



SERVES: 1

Ingredients

1/3 cup rolled oats

150ml water

Serving suggestions

Brown sugar or coconut sugar

Milk

Natural yogurt

Maple syrup

Honey

Banana

Berries

Fresh dates

Chopped nuts

Notes

A number of bowls can be steamed at the same time without increasing the cooking time.

Method

Combine the oats and the water in a serving size bowl.

Place the bowl into the large perforated tray and place into the oven on shelf position 2 or 3.

Select FullSteam 100° c and set the cook time to 8 minutes and press start.

Serve with selected toppings.