



# Porridge with Fresh Berries



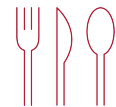
DIFFICULTY: EASY



PREPARATION TIME: 2  
MINUTES



COOKING TIME: 8 MINUTES



SERVES: 1

## Ingredients

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1/3 cup rolled oats

150ml water

### Serving suggestions

Brown sugar or coconut sugar

Milk

Natural yogurt

Maple syrup

Honey

Banana

Berries

Fresh dates

Chopped nuts

## Notes

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A number of bowls can be steamed at the same time without increasing the cooking time.

## Method

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Combine the oats and the water in a serving size bowl.

Place the bowl into the large perforated tray and place into the oven on shelf position 2 or 3.

Select FullSteam 100° c and set the cook time to 8 minutes and press start.

Serve with selected toppings.