



# Shepherd's Pie

DIFFICULTY: EASY

PREPARATION TIME: 30 MINUTES

Method

COOKING TIME: 1 HOUR



### Ingredients

#### Mince

1 tbsp olive oil

750g lamb mince

1 large onion, finely chopped

2 cloves garlic, chopped

2 medium carrots, finely diced

2 celery stalks, chopped

1 tbsp rosemary, chopped

Salt and pepper

1/4 cup tomato paste

2 tbsp Worcestershire sauce

1 cup beef stock

1/2 cup continental parsley, chopped

#### Topping

1kg potatoes, peeled and chopped

Salt

2 tbsps butter

Heat a large frying pan over a high heat, Induction level 8. Add the olive oil, then the lamb mince and fry until brown. Stir in the onion and garlic and continue cooking for a further 3 to 4 minutes. Add the carrots, celery and rosemary and season well with salt and pepper. Stir in the tomato paste, Worcestershire sauce and beef stock and reduce the temperature to medium/low, Induction level 4 and simmer, stirring occasionally for 10 to 15 minutes.

While the mince is simmering, place the potatoes and salt into a large saucepan & cover with water. Boil the potatoes until tender then drain and mash with the butter. Stir in the grated cheese.

Preheat the oven on CircoTherm<sup>®</sup> to 180°C and place the wire rack on shelf position 2. Stir the parsley into the meat mixture and transfer to a lightly greased ovenproof dish, approximately 23cm square. Carefully spoon the mashed potato on top. Cook for 25 to 30 minutes or until the potato topping is lightly golden.

## Notes

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