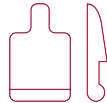




Carrot Chips



DIFFICULTY: EASY



PREPARATION TIME: 5
MINUTES



COOKING TIME: 1 HOUR 10
MINUTES



SERVES: 3 TO 4

Ingredients

2 medium carrots, peeled & very thinly sliced on the angle

1 – 2 tbsp olive oil

Salt flakes

Method

Preheat oven on CircoTherm to 120°C and line the wire rack with baking paper.

Place the carrot slices into a bowl and toss with olive oil. Use your hands to ensure that the carrots are well coated with the oil.

Arrange the carrots in a single layer on the prepared rack.

Cook on shelf position 3 for 30 minutes. Turn the carrots over and continue to cook for a further 35 to 40 minutes or until golden and beginning to crisp.

Serve sprinkled salt flakes

Notes
