



Honey Bacon Brussel Sprouts



DIFFICULTY: EASY



PREPARATION TIME: 10
MINUTES



COOKING TIME: 20 MINUTES



SERVES: 6-10

Ingredients

1 kg Brussel sprouts, trimmed and halved lengthways
200 g rindless smoked bacon, cut into 1 cm pieces
¼ cup honey
100 g butter
1/2 lemon
Salt and pepper to taste

Method

Preheat oven on CircoRoasting® to 180°C and line a universal tray with baking paper.

Combine honey and butter in a microwave safe bowl and microwave on 600W for 30-45 seconds to melt the butter. Stir to combine. Place the Brussel sprouts and bacon in a large mixing bowl.

Pour honey mixture over the Brussel sprouts and toss well. Season with salt and pepper.

Place Brussel sprouts and bacon mixture onto prepared tray. Cook for 20-25 minutes or until sprouts are golden and bacon crisp.

To serve, spoon Brussel sprouts, bacon and cooking liquid into serving bowl and squeeze the lemon over the top.

Notes
